

**GUERLAIN**  
WELLNESS



WELLNESS  
is an art

## THE ART OF WELLNESS

At Guerlain, wellness is an Art. An ultra-personalized approach, elevating customization to the level of Art, cutting-edge aesthetic expertise, multi-sensorially and a holistic approach. A wellness voyage for body, mind and soul.

## KNOW-HOW & DARING

Guerlain opened its Institute and aesthetic training school in 1939. It has since trained all its Beauty Experts there, inspiring them to be ambassadors for Guerlain excellence. Throughout the world, these Experts carry out treatments requiring tremendous technical skills, such as the 19-minute facial treatment, which is considered as an industry standard. Spurred on by its pioneering and enterprising vision, Guerlain has been developing massage techniques that combine tradition and innovation for more than 80 years.

With its years of know-how and expertise, Guerlain ensures that every single treatment is an outstanding and personalised experience. Guerlain Beauty Experts perform Guerlain protocols with perfect skill, while being attentive to each individual. The diagnosis stage allows the Experts to adapt their movements and pressure to meet precise needs and expectations. A unique experience absolutely unforgettable.

## AWAKEN THE SENSES

Rare orchids with outstanding longevity properties, healing bee products. Since it was founded, Guerlain has been inspired by nature, respectfully drawing on its sensoriality and effectiveness. This unique quest for perfection is echoed at every single Guerlain Spa. Inside each haven, complex rituals are performed to the most exacting standards, the result of extensive development and research. So that every single Guerlain treatment, throughout the world, may be an unforgettable experience.





## EXCLUSIVE TREATMENTS

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### **SOLAR SHAPE** | 120 MIN

Exclusively designed for Regent Santa Monica Beach, Guerlain creates the perfect pre and post-sun treatment. This transformative ritual begins with body brushing, revealing skin radiance and the application of honey-based products to deeply repair and soothe. To enhance the silhouette, radiofrequency perfectly sculpts and tones the body shape. A star slimming treatment to embrace the radiant warmth of the West Coast sun, leaving the body with a perfect shape.

### **CRYSTAL VIBES** | 120 MIN

This exclusive experience, specially crafted for Regent Santa Monica Beach offers infinite youth and natural glow to the skin through the healing power of crystal. On a mattress filled with precious gems, this holistic ritual, enhanced with a crystal sound bath, brings positive energy and inner peace. A flawless beauty ritual, designed to elevate the soul.

### **SKIN PERFECTION** | 90 MIN

Skin Perfection, an exclusive face treatment created for Regent Santa Monica Beach. Combining the cutting-edge facialist expertise of Guerlain with HydraFacial, this experience offers cleansing, exfoliation, detoxification, and hydration for visible and long-lasting results. The perfect ritual to regain soft, radiant, and deeply nourished skin.

### **SKIN SURFING** | 90 MIN

Skin Surfing, an exclusive radio frequency facial treatment, specially designed for Regent Santa Monica Beach. Experience the power of advanced radio frequency technology and the unparalleled expertise of Guerlain to combat signs of aging. The soothing warmth penetrates deeply, delivering an immediate, sun-kissed glow. This rejuvenating experience illuminates the skin, restoring firmness and youthful radiance.

## THE ART OF TAILOR-MADE

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### **TAILOR-MADE TREATMENT** | 60 MIN | 90 MIN | 120 MIN

In this tailor-made treatment, our Beauty Expert creates a perfect blend of techniques to meet your skincare needs. The results are purified, hydrated and toned skin.

### **IMPERIAL FACE SCULPT** | 60 MIN RECOMMENDED PROGRAM OF FOUR OR EIGHT SESSIONS

Thanks to a series of expert gestures, this high-tech sculpting massage brings firmness, radiance and youthfulness to your skin. Its deep muscle work helps redefine the contours of the face, lift the cheekbones, open the eyes, and smooth out wrinkles.

### **FACIAL ENHANCEMENTS**

- Microdermabrasion
- LED Therapy
- Royale Scalp and Hair Treatment **(Additional 30 minutes required)**
- Eye Focus **(Additional 30 minutes required)**





## ORCHIDÉE IMPÉRIALE AGE REVERSE

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### **ULTIMATE BLACK ORCHID** | 90 MIN | 120 MIN RECOMMENDED PROGRAM OF FOUR OR EIGHT SESSIONS

The masterpiece of this Guerlain treatment is a rare and precious luxury where the symbiosis of gestures and the power of Black Orchid work together to support the skin's self-preservation mechanisms. It is the ultimate talisman for preserving and prolonging youth, resulting in skin that glows with health and flawlessness.

### **AURA NOBILE** | 90 MIN | 120 MIN RECOMMENDED PROGRAM OF FOUR OR EIGHT SESSIONS

Thanks to the powers of the Gold Nobile orchid, endemic to the Himalayan region, this anti-aging facial treatment brings youth to the skin. It combines the art of digitopressure with the ancestral power of gua sha to sculpt the face, oxygenate the skin and revitalize cells. The draining and detoxifying facialist techniques deliver immediately visible results: lifted features, a radiant glow, and a youthful aura.

### **IMPERIAL LONGEVITY** | 90 MIN | 120 MIN

Guerlain is inspired by the infinite longevity of the orchid to create its most complete exceptional anti-aging treatment, with highly regenerating and toning powers. The skin regains its perfect qualities to the eye and to the touch.

## YOUTH REPAIRING POWER

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### ROYAL HONEY REPAIR & RENEW | 90 MIN

The Abeille Royale range offers all the healing benefits of bee products. By combining fine rice powder exfoliation with a purifying massage using warm plant-infused pouches, it intensely repairs and smooths the epidermis for a rested and luminous face. A true youth catalyst that acts on key skin reconstruction processes for a smoothing and firming effect.





## BODY RELAXATION & ENERGY

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### **IMPERIAL BODY SCULPT** | 60 MIN | 90 MIN

RECOMMENDED PROGRAM OF FOUR OR EIGHT SESSIONS

Powerful and effective, this slimming treatment sculpts the silhouette, reduces cellulite and drains toxins. The intense motions of drainage and kneading stimulate the metabolism for lasting results.

### **DEEP MUSCULAR MASSAGE** | 60 MIN | 90 MIN

This powerful ritual is based on five of the most effective ancestral methods in the world. It sculpts, strengthens and tones the muscles, releasing tension for deep relaxation.

### **IMPERIAL RELAXING MASSAGE** | 60 MIN | 90 MIN

Paying tribute to Eau de Cologne Impériale, this signature Guerlain massage arouses all the senses. It stimulates circulation, promotes oxygenation and brings about irresistible relaxation.

### **4-HAND IMPERIAL MASSAGE** | 90 MIN

A true choreography of four hands, this massage with expert gestures promises a wonderful feeling of well-being and lightness.

### **BLISSFUL MOM** | 60 MIN

Designed to improve the skin's elasticity and stimulate circulation, this massage can be performed after the first trimester of pregnancy or at the beginning of motherhood.

### **MASSAGE ENHANCEMENTS**

- Percussion Massage Gun
- Royale Scalp and Hair Treatment (Additional 30 minutes required)



## SYMPHONIC JOURNEY

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### ENERGY OF TIANZI | 60 MIN

This voyage into the heart of the Tianzi tropical forest offers a unique awakening of the senses through a perfect harmony between the intensity of the movements and the melody. Between grounding, meditation, and elevation, this exploration of the motherland of Guerlain orchids soothes the mind and rebalances the body. This emotional journey, both vibrant and rejuvenating in essence, to be reborn with boundless energy.





## DUO TREATMENTS

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### **FAMILY TIME** | 60 MIN | 90 MIN

The perfect way to spend quality family time while experiencing the best of Guerlain treatments.

### **AMONG FRIENDS** | 60 MIN | 90 MIN

To celebrate friendship, Guerlain creates a shared experience for friends, for memorable moments.

### **ROMANTIC GETAWAY** | 60 MIN | 90 MIN

What better way to live an exceptional relaxation sensation than sharing it with the love of your life? Let yourself dive into the most romantic getaway.

## THE ART OF MAKEUP

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### **MAKEUP APPLICATION | 60 MIN**

Guerlain imagines a makeup session that combines expertise and pleasure. Let expert hands achieve the look you want – for any occasion.

### **MAKEUP LESSON | 90 MIN**

We all dream to master the Make Up Artist gestures.... Guerlain lets you in on the most effective beauty secrets to enhance your face.

### **BRIDAL MAKEUP | 90 MIN**

Applying the colors and effect chosen during the pre-consultation appointment, our Beauty Therapists help you achieve the perfect look for your perfect day.





**EXCEPTIONAL  
PAMPERING PACKAGES**

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**SCULPT YOUR FACE & BODY | 2 HRS**

Imperial Face Sculpt | 60 MIN

Imperial Body Sculpt | 60 MIN

**BOOST YOUR ENERGY | 3 HRS**

Energy of Tianzi | 60 MIN

Crystal Vibes | 120 MIN

**MOTHER'S PAMPERING | 2 HRS 30 MIN**

Tailor-made Treatment | 90 MIN

Blissful Mom | 60 MIN

**SHINE WITH BEAUTY | 4 HRS 30 MIN**

Royal Honey Repair & Renew | 90 MIN

Solar Shape | 120 MIN

Makeup Application | 60 MIN

## **YOUR CUSTOMIZED SPA**

Transform Guerlain Spa into a private universe for a celebration with a group of friends or for any other special occasion. It is our aim to meet your every need and expectation. Do not hesitate to contact us to customize your occasion.

## **TREATMENT DURATION**

We respectfully request that you arrive at least 30-minutes prior to your appointment so that we may acquaint you with our facilities.

## **PEACE OF MIND**

Our Spa is a haven of serenity. Please be sure to turn off your cell phone so that your relaxation and that of other guests are not disturbed.

## **GUERLAIN SPA GIFT CERTIFICATES**

Give the treasured gift of Guerlain — an experience as luxurious as it is unforgettable. Select from our wide array of Spa treatments and Guerlain products.

## **RESERVATIONS AND CANCELLATION POLICY**

Appointments are confirmed with a credit card or room number. We respectfully request a minimum notification of 24 hours in advance of your cancellation. Cancellations, changes or missed appointments will be charged 100% of the service when the minimum notifications times are not met. We respectfully request that you arrive at least 30 minutes prior to your appointment so that we may acquaint you with our facilities.

## **STAFF CHARGE**

A 22% staff charge will be added to the price of the services and is at the discretion of the guest to adjust. Additional gratuities are a matter of personal discretion, and should reflect your satisfaction with our services.



# GUERLAIN

## WELLNESS

### **REGENT SANTA MONICA BEACH**

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